

OCTOBER 1, 2011

# RUN FROM THE COPS

**COST:** Pre-register for run by September 26th: 5K: \$20.00 ; Youth 1-mile run: \$15.00

**FEES ON DAY OF RACE:** 5KRun/Walk: \$25.00 (Youth 1 mile run: \$20.00) 5K registration fee includes a Dri-Wick shirt. (day of registration not guaranteed a t-shirt or goodie bag)

**REGISTRATION INFORMATION:** Please drop off registration form with registration fee in person at the Watertown Police Dept. OR mail form and payment to Kelley Piasecki at the Dept. located at 106 Jones Street, Watertown, WI, 53094. Mail-ins must be received by September 26th. Online form available at [www.watertownrunfromthecops.com](http://www.watertownrunfromthecops.com). Please make checks payable to "Watertown Police Dept."

**DAY BEFORE RACE PACKET PICK-UP:** At Performance Running Outfitters, 1380 Pabst Farms Circle, Oconomowoc, WI on Thursday, Sept. 29th and Friday, Sept. 30th: from 12:00 p.m.-7 p.m.

**QUESTIONS:** Contact Kelley Piasecki at 206-4231 at the Watertown Police Department.

**AWARDS:** Medals will be awarded to the top 3 males and females in age group:

Youth run (14 & under)	15-18	19-29	30-39
	40-49	50-59	60+

**PROCEEDS:** Proceeds from the run will support victim services at People Against Domestic and Sexual Abuse in Jefferson Co. (PADA).

**STARTING POSITION:** Watertown Police Dept., 106 Jones Street, Watertown, WI (East side of building)

<b>TIMES:</b> Registration	7:30-8:30 a.m.
Mascot Race	8:00 a.m.
Youth 1-mile Run (14 & under)	8:30 a.m.
5K Run	9:00 a.m.
5K Walk	approx. 9:05 a.m.



Watertown Police Department and Watertown Regional Medical Center

3rd Annual **RUN FROM THE COPS** Run/Walk **REGISTRATION FORM**

Please mail or drop this form off with the registration fee at the Watertown Police Dept., 106 Jones Street, Watertown, WI 53094 (Only one registrant per form please.)

Name: \_\_\_\_\_ Age: \_\_\_\_\_ Gender: M or F \_\_\_\_\_ Phone: \_\_\_\_\_

Address: \_\_\_\_\_ City/State/Zip: \_\_\_\_\_

Email: (ONLY used to send next year's registration form electronically)

Please circle T-shirt size: Youth: M (10-12) L (14-16) Adult: XS S M L XL XXL

Check one:  5K Run (Early Bird: \$20)  5K Walk (Early Bird: \$20)  1-mile Youth Run (Early Bird: \$15.00)  
 Please check box if you are in Law Enforcement.

**Release:** In consideration of my entry in the "Run from the Cops" 5K Run, I release any claims that I may have in participating in this event. I do not hold the City of Watertown, PADA, the Watertown Police Department, WRMC or anyone associated with this event liable for any injury or loss I may incur by my participation. I attest that I am physically fit and sufficiently trained for the completion of this race. I have read and understand the foregoing assumption of risk and release. I further provide that this waiver applies to my heirs, executors, and assigns.

Participants Signature \_\_\_\_\_

Parent/Guardian Signature (if participant is under 18) \_\_\_\_\_

Enclosed is my non-refundable registration fee. (Early bird registration fees end September 26, 2011.)

